



12 | 6

BREAKING BALL CLINIC



**HELD AT OUR
NEW LOCATION**

ETC North

20210 Gate Dancer St
Elkhorn, NE 68022

ETC ELKHORN TRAINING CAMP

Players will learn the proper fundamentals of throwing Curveballs, Change Ups, 2 - Seam Fastballs and Sliders.

SAM TEWES

- 2X Nebraska first team All state class B
- 1st team superstate
- 4 Year Starter Wichita State University
- First Team Freshman All - American
- 2x Missouri Valley Conference Pitcher of the Year
- 22nd round draft selection out of HS By Toronto
- 8th round selection out of college by St. Louis
- Spent 2018 in AA Cardinal organization.

OBJECTIVES

- Proper grips of all pitches
- Correct throwing action to minimize rise of injury
- Discussion of proper totals of each pitch per game
- Develop understanding of when and how to use each pitch most effectively in different counts and against different hitters

Dates: January 10th - February 4th

Times: Mondays 5:00 - 6:00 PM OR Thursdays 6:00 - 7:00PM

Ages: 13 and Older

Price: \$120 **Class Limit:** 8 players

FOLLOW US ON SOCIAL

